



Family Newsletter



The Shyne School



From The Director's Desk

We are seeing a lot of vacations this month! Please let us know about vacation dates by noting them in the calendar in the lobby.

A few notes on policy and procedure: Our driveway is a hill leading up to the parking lot, so cars can move a little faster to reach the top to park get up the hill. **We require parents to hold children's hands in the parking lot until they are safely in the car or building.** (We have a *two way drive, stay to your right*)

We offer breakfast to students at 7:30 each morning. We are required to follow set guidelines for all the meals and snacks we serve. Breakfast is cleared up by 7:50 AM. Children here for breakfast then brush teeth. We ask that parents do not bring in special treats to eat in front of others such as McDonalds, donuts, sugary cereal, etc. Those foods do not follow our guidelines and are not allowed. Please join us or have your children eat before they come for the day. The morning snack is at 9:30 AM.

PLEASE REMEMBER TO TAKE YOUR CHILD TO THEIR CLASS AND THEN COME CLOCK IN

FOR THE DAY. PLEASE CLOCK OUT FOR THE DAY AND THEN PICK YOUR CHILD UP. This will eliminate the lobby congestion with parents and children. **The time clock is for adult use only** so this procedure also eliminates the children's desire to push the buttons. You are able to use your own device and the ProCare app to clock in and out but you must be on school grounds.

We are so glad you are here to enjoy the summer with us!

As children join a new class there can be adjustments and issues we need to work through with students and parents. If you have **concerns or commendations you want to share please direct them to the Lead or Lead Assistant Teacher** and you can always stop by my office, call or email me! The best way is to set up a time to chat on the phone, zoom or in person. It is always our goal to solve the problem with you.

Our Parent Handbook posted to the Registration page includes Behavior Management for students as well as Parent Conduct. Please make sure you are familiar

with our Parent Handbook.

To establish a positive internet presence we are asking parents to take a few minutes to post a review to Google, Our Facebook page or if you are a regular user to Yelp.

We are always working on the school to improve the facility. We are waiting for a new Waddler, Dewdrop Play structure due Mid-August. Our gardens are also looking great with all the rain!

Our summer curriculum includes a lot of water exploration so we are happy to get some warm weather! We will wrap up our focus on Science on July 12th and move on to Structures (July 15- Aug 2) and then Things that go (Aug 5 to 22)! Our full summer curriculum plan is in the June Newsletter, posted in the lobby and on the website.

Katrina Brooke, Director

The Shyne School



If you have inaccurate or blank data on the Procare Online mobile app, Or used it at a previous school please select The Shyne School reset your password.

IMPORTANT DATES:

July

4 CLOSED Independence Day

August

19-22 & 27-30 New families and students moving up have **transition visits 10-11 AM**

23 Last Day of Summer Session—Party 10:30 to 12:30, If it is not your regular day you and your student can join us. *RSVP for additional people for the lunch count.*

26 CLOSED for Teacher Work Day

27 to 30 Summer Break—For Only/Plus Students. **Current Full day students start in their new class, 8/27**

September

2 CLOSED for Labor Day

1-9 Summer Break— For Only/Plus Students. Regular CLASS for Full Day students.

3 First day of School for Full Day students In Fall Class.

10 First Day of School for Only and Plus Students in their Fall Class.

Parent's Corner

Summer art projects can be as simple as painting outside, or using chalk to draw (homemade sidewalk chalk is a great way to spend time outside and let children draw with chalk they made — check out this easy [recipe to make sidewalk chalk](#) from Happy Toddler Playtime!).

And there are more involved projects you can do as well. Let's take a look at some ideas for summer art projects that are perfect for preschoolers!

What is Process Art?

[Process art is a choice-driven, open-ended activity](#) in which teachers offer minimal guidance or scaffolding, according to the National Association for the Education of Young Children.

“By intentionally providing an array of artistic materials, then offering children the time and space to engage freely with them, teachers convey that there are many possibilities, that they view children as competent and capable of exploring and creating, and that they value children’s ideas and expressions,” the organization says.

Unlike traditional art projects that focus on producing a specific end result, [process art emphasizes creativity and exploration](#). The goal is for children to enjoy the act of creating, experimenting with different materials and expressing themselves freely.

This approach encourages individual expression and helps develop fine motor skills, decision-making and problem-solving abilities!

Benefits of Process Art

Children are free to explore their imagination without the pressure of producing a “perfect” piece of art. Activities like painting, cutting, and gluing help improve hand-eye coordination and dexterity!

It also promotes problem solving. Kids learn to think critically as they decide how to use different materials. And process art allows children to make their own choices, boosting their confidence and independence.

Summer Process Art Examples

Let's take a look at some examples of summer process art projects!

1. Nature Collage

Materials Needed:

Construction paper, Glue, Leaves, flowers, twigs and other natural items

Instructions:

Take your preschoolers on a nature walk and encourage them to collect various natural items like leaves, flowers and twigs. Once back in the classroom, give them construction paper and glue. Allow the children to arrange and glue their collected items onto the paper, creating unique nature collages. This activity not only connects them with nature but also allows them to explore different textures and shapes.

2. Ice Cube Painting

Materials Needed:

Ice cube trays, Water, Food coloring, Popsicle sticks, Paper

Instructions:

Fill ice cube trays with water and add a few drops of food coloring to each compartment. Insert popsicle sticks into the trays and freeze overnight. Once the ice cubes are ready, give each child a piece of paper and a few colorful ice cubes. They can hold the popsicle sticks and use the melting ice to paint on the paper. This activity is refreshing on a hot summer day and introduces children to the concept of color mixing.

3. Sun Prints

Materials Needed:

Sun-sensitive paper, Leaves, flowers or small toys, A sunny day

Instructions:

Provide each child with a piece of sun-sensitive paper and a few objects. Have them arrange the objects on the paper and then place the paper in direct sunlight. After a few minutes, the sun will bleach the exposed areas of the paper, leaving behind silhouettes of the objects. This activity introduces children to the concept of light and shadow while creating beautiful, one-of-a-kind prints.

4. Bubble Wrap Stomp Painting

Materials Needed:

Bubble wrap, Washable paint, Large sheets of paper

Instructions:

Tape large sheets of paper to the ground and spread out some washable paint in shallow containers. Wrap bubble wrap **around the children's feet and secure it with tape. Allow them to dip their bubble-wrapped feet into the paint and then stomp on the paper to create colorful, textured prints.**

This activity is a fun way to create art and a great way for preschoolers to release energy!

5. Sand Art

Materials Needed:

Colored sand, Glue, Paper or small containers

Instructions:

Provide the children with glue and paper or small containers. Allow them to use the glue to draw designs or patterns on the paper or inside the containers. Then have them sprinkle colored sand over the glue to create vibrant sand art. This activity taps into their creativity and teaches them about different textures and colors.

Materials Needed to Make DIY Fizzy Sidewalk Chalk Paint

- Baking soda
- Cornstarch
- Water
- Liquid food coloring
- Vinegar
- Mixing bowls
- Whisk or spoon
- Ice cube trays or silicone molds
- Plastic wrap or aluminum foil
- Spray bottles (optional), Paintbrushes (optional)

How to Make DIY Fizzy Sidewalk Chalk Paint

Step 1: Mixing the Base

In a mixing bowl, combine equal parts baking soda and cornstarch. For a small batch, start with 1/4 cup of each. Mix them together thoroughly, ensuring there are no lumps. The baking soda helps create the fizzing effect, while the cornstarch provides the chalky consistency.

Step 2: Adding Color

Divide the base mixture into separate bowls or an old muffin tin, depending on how many colors you want to create. Add a few drops of liquid food coloring to each bowl and mix well. Feel free to experiment with different hues by combining various colors.

Step 3: Adding Water

Gradually add water to each bowl, a tablespoon at a time, while stirring. The goal is to create a thick, paste-like consistency that is easy to pour into molds. Be careful not to add too much water, as it may make the chalk mixture too thin.

Step 4: Artistic Exploration

Now comes the most exciting part! Take the DIY fizzy sidewalk chalk paint outside and let the kids' imaginations run wild. The chalk paint can be used like traditional sidewalk chalk, but with an extra twist. When sprayed with vinegar, it creates a fascinating fizzing reaction that adds an extra element of surprise and excitement.

NOTE: This paint is made using food coloring so test the paint on a sidewalk or walkway in a corner before using to ensure that it doesn't stain.

The Shyne School

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Woodinville, WA 98072

425-882-1981
director@shyneschool.com

"Where Children Come First"

Snack at 4:40 PM! Not available before.

If you pick up at 4:40 PM you may have children wanting to stay to eat snack.

If you stay our parking lot fills up and other parents can't park to pick up.

This dilemma sound familiar?

To help this evening transition run smoothly we have snacks pre-bagged for your children to take with them before they sit down, in the lobby.

If your child is already eating and would like to take the rest of the snack for the trip home we have some baggies.

Building Partnerships

It is important to us to have good parent to teacher communication. Please feel free to use the ProCare App, keeping in mind they may not get time to respond until their planning time or the afternoon. You can always set up a time to chat.

If anything is time sensitive PLEASE call the school at 425-882-1981.

If your child is going to be out or in later then 10 AM **PLEASE call the school at 425-882-1981** and let us know when to expect you. If your child will be out for fun or sick please call by 10AM and let us know. If they are sick please list the symptoms. It is required we track the symptoms for the Health Department. Some mornings we get a lot of calls so please leave a message with your information, we check voicemail.

THIS IS VERY IMPORTANT IF YOU HAVE SPECIAL DIETARY NEEDS AND WE ARE MAKING A SPECIAL SUBSTITUTION

If you need to reach the Director please call 425-882-1981 or email director@shyneschool.com—I do not have a class so I am not on the classroom Procure Parent Engagement, I do monitor those communications, but not daily.

Reminders

- ◆ We send a Family Directory out in the fall and again before summer break. I only include families that have given permission to give out their email and phone number.
- ◆ We will have current students do transition visits to their next class in August on regular class days. If you have not met the teachers or been in the classroom please pop in and introduce yourself and find the cubbies, art file, parent board and parent pocket so you are ready for the transition too!
- ◆ If your child is injured we do an Injury report and give it to you to sign to verify you have been informed. Please return the top two copies (white and yellow) to your teacher or the office and keep the pink copy, per directions at bottom of the form. If your child injures someone else you will have an incident report to be treated the same way.
- ◆ PLEASE APPLY SUNSCREEN BEFORE SCHOOL. For non nappers we re-apply sunscreen (we provide) after lunch if you sign the release form. You can bring your own sunscreen and a medication form as well.
- ◆ On our annual school survey parents asked for more information about development and educational activities to do at home. You will find the new Parent Corner on the window outside my office and a section in this Newsletter, and an article on validating emotions. We have a parent blog on our website and so much more information on our Facebook page to check out too!



WHAT TO SAY TO CHILDREN INSTEAD OF “YOU’RE OK.”

Maybe it’s simply to avoid our child’s meltdown (*which might make us uncomfortable*). Maybe it’s just wanting our children to develop grit and to teach them not get stuck on the little things. But when we say “you’re ok” we are telling our children that their emotions and how they truly feel is secondary to how an adult says they are feeling. This can be impactful for a child who desperately wants their parent/caregiver to understand and validate that they may be feeling scared, frightened, hurt, or sad.

As harmless as it seems, comments like “*don’t cry*” sends the message to our children that their way of expressing their emotions isn’t acceptable. This can be upsetting for a child, and as they get older may result in anger and reactivity as they try to find other ways to process their emotions.

It is essential that children learn how to trust themselves and when we ask them to push away what they’re truly feeling, we are teaching them that their feelings can’t be trusted or acknowledged. Teaching empathy to your child starts with accepting all the emotions they experience. (*All the big and small emotions*)

Every time you tell your child they’re ok when they are showing you that they are not, they are getting the message that they can’t trust themselves or their feelings.

Children need us to validate their inner feelings. When we have different idea about what is happening for them; what they know to be true, they are forced to make a difficult position to either trust us or to trust themselves.

Sometimes, “*you’re okay*” is an impulsive, knee jerk response. Parents just want to reassure their children that everything *is* going to be okay. However, a more validating statement with a similar message may sound like this: “*I can see that this is hard. I’ll sit with you through it for as long as it lasts.*” **We need to be their calm in the storm of big emotions.**

So, what can we say instead of “*you’re ok*”? It is helpful to think of what you need when you are feeling hurt, scared, or frustrated. What would you want to hear to feel supported? **Validating can include naming the emotion if you know how they are feeling. “You are feeling.....(sad/frustrated)... because.... You want....” Try these simple phrases to acknowledge feelings without minimizing them:**

- I’m here
- I hear you.
- I see you
- What do you need?
- You’re not alone
- You’re feeling something important, I’m here for you

It is possible to validate your child’s feelings without being permissive about behavior or overindulging them. If your child cries, it is because their body is telling them that they need to cry – crying is a beneficial central nervous system response to emotion that can reduce stress hormones. If we can learn to stay with our children through these big emotions, rather than trying to push them out of it or push them into feeling “okay”, they will learn to trust themselves and they will also feel seen and heard by the most important adults in their life, the people they look to for connection and support.