



Feelings



Rainbow Room Weekly Lesson Plans for February 5-9, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Concept	We all have many different feelings.	Sometimes our feelings are different from each other's.	Our feelings can change quickly.	We express our feelings physically and verbally.	We can help others to feel better.
Circle Time and Story Welcome Songs Name/Letter Recognition Game	Book: Big Words for Little People by Jamie Lee Curtis and Laura Cornell	Book: Ella Sarah Gets Dressed by Margaret Chodos Irvine	Book: The Way I feel by Janan Cain Activity: How Are You Feeling Today? Chart	Book: My Many Colored days by Dr Seuss	Book: No Bath No Way by Bridgitte Weninger
Discovery Activities	Magnet Tiles Feelings Stencils with Pencils	Legos Lacing Cards	Bristle Blocks Natural Wood Blocks	Waffle Blocks Lincoln Logs	Magnet Tiles Legos
Art	Primary Color Paintings	Drawing Faces	Wacky Painters	Feelings Stamps	Lanterns for Lunar New Year
Music Interaction and Group Games	Song: If You're Happy and You Know It	Song: Happy Face	Song: 5 Balloons	Song: Shake Your Sillies Out	Song: If You're Happy and You Know It