

HIBERNATION

WEEK



Monday

Tuesday

Wednesday

Thursday

Friday

Circle Time and Story:

*Book: Bear Shores On
Obj: Connect to story*

*Book: Hibernation Station
Obj: Spark interest*

*Book: Animals in Winter
Obj: Follow storyline*

*Book: Two Hungry Bears
Obj: Connect to storyline*

*Book: Sleepyheads
Obj: Connect to storyline*

Sensory Activities:

*Feed the Squirrel
Obj: Cognitive stimulation*

*Where is Hibernating Bear? With Instruments
Obj: Cognitive stimulation*

*Hibernation Day! Dancing
Obj: Body movement*

*Hibernation Song with instruments
Obj: Cognitive stimulation*

*Find the Hibernating Animals with Tongs
Obj: Pincer grasp*

Art Choice:

*Bear Mask
Obj: Self expression*

*Sleep Well, Bear!
Obj: Creative expression*

*Mini Hibernation Caves
Obj: Creating a project*

*Rescue the Animals
Obj: Wrist rotation*

*Face Paint
Obj: Self expression*

Motor Activity:

*Bear Walk Trail
Obj: Follow directions*

*Bear Paw Hop
Obj: Balance*

*Bear Den
Obj: Hand-eye Coordination*

*Fork Painted Hedgehog
Obj: Wrist strength*

*Animal Line-Up
Obj: Hand-eye coordination*

Math/Science:

*How Many Bears Can We Count?
Obj: Addition*

*Hedgehog Exploration Basket
Obj: Understanding Hibernation*

*Counting Hibernating animals
Obj: Early numeracy*

*How many frogs can we count?
Obj: Addition*

*Naming Colors
Obj: Color recognition*