

EMOTIONS

WEEK OF



	Monday	Tuesday	Wednesday	Thursday	Friday
Circle Time and Story:	<i>Book: The Feelings Book</i> <i>Obj: Understand own emotions</i>	<i>Book: I Was So Mad</i> <i>Obj: Connect to storyline</i>	<i>Book: My Feelings and Me</i> <i>Obj: Understand own emotions</i>	<i>Book: The Color Monster</i> <i>Obj: Emotional regulation</i>	<i>Book: The Way I Feel</i> <i>Obj: Understand emotions</i>
Sensory Activities:	<i>Share My Emotions Song with Instruments</i> <i>Obj: Cognitive stimulation</i>	<i>Stress Balloon</i> <i>Obj: Emotional regulation</i>	<i>Emotions Song & Dancing</i> <i>Obj: Follow directions</i>	<i>Emotion Stones</i> <i>Obj: Creative expression</i>	<i>Yoga</i> <i>Obj: Emotional regulation tool</i>
Art Choice:	<i>Emotions Mask</i> <i>Obj: Learn about emotions</i>	<i>My Many Emotions</i> <i>Obj: Emotion recognition</i>	<i>"I Feel..."</i> <i>Obj: Creating a project</i>	<i>Feelings Book</i> <i>Obj: Emotional expression</i>	<i>Hands are for... Feet are for... ECT...</i> <i>Obj: Body safety</i>
Motor Activity:	<i>Feelings Puzzle</i> <i>Obj: Emotion recognition</i>	<i>Feelings Face Hop</i> <i>Obj: Balance</i>	<i>Emotions Puppets</i> <i>Obj: Hand-eye Coordination</i>	<i>When I'm Upset...</i> <i>Obj: Choices</i>	<i>Emotion Imitate</i> <i>Obj: Following directions</i>
Math/Science:	<i>How Do You Feel?</i> <i>Obj: Graphing</i>	<i>Tubes of Emotion</i> <i>Obj: Chemical Reaction</i>	<i>Counting Happy, Sad, Mad, Ect... Faces</i> <i>Obj: Early numeracy</i>	<i>Lego Block Face Stacks</i> <i>Obj: Mix & Match</i>	<i>Emotion Colors</i> <i>Obj: Color recognition</i>