Feelings

**Rainbow Room Weekly Lesson Plans for November 18-22, 2019**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Concept** | We all have many different feelings. | Sometimes our feelings are different from each other’s. | Our feelings can change quickly. | We express our feelings physically and verbally. | We can help others to feel better.  |
| **Circle Time and Story**Welcome SongsName/Letter Recognition Game | Book: Big Words for Little People by Jamie Lee Curtis and Laura Cornell | Book: Ella Sarah Gets Dressed by Margaret Chodos Irvine | Book: The Way I feel by Janan CainActivity: How Are You Feeling Today? Chart | Book: My Many Colored days by Dr Seuss | Book: No Bath No Way by Bridgitte Weninger |
| **Discovery Activities****Sensory Table:**Colored Rice with Scoops | Magnet TilesPlaydough with Mr. Potato Head Pieces | LegosWooden Beads | Lacing CardsNatural Wood Blocks | Waffle BlocksPlaydough with Rollers | Building CubesGears |
| **Art** | Whole Group Painting | Drawing Faces | Wacky Painters | Face Collages | Liquid Watercolor Paintings |
| **Music Interaction and Group Games** | Song: If You’re Happy and You Know It | Song: Happy Face | Song: 5 Balloons | Song: Shake Your Sillies Out | Song: If You’re Happy and You Know It |